



WADENA COUNTY PUBLIC HEALTH

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For Immediate Release – please announce periodically during the wildfire duration

**Wildfire Smoke Warning
Public Service Announcement**

Heavy smoke from wildfires can threaten public health and safety. Wadena County Public Health recommends people in areas affected by smoke from the wildfires decrease their outdoor activity and stay indoors as much as possible.

Older adults, children and people with heart or lung disease (including asthma) are most vulnerable to the health effects of air pollution from wildfires. If heavy smoke is present, those who are most vulnerable should take precautions and avoid prolonged exposure and heavy activity. If you are vulnerable to wildfire smoke contact your physician to discuss your medications and care during wildfires.

For more information about wildfires health concerns, contact your health care provider or Public Health at 218-631-7629.